

## Parque Rufino Tamayo

Mayo – 2022

Calendario de actividades

★ Evento especial

No olvides estar al pendiente de nuestras redes sociales para más información sobre los eventos en los parques.

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LUN	MAR	MIER	JUE	VIE	SAB	DOM
						01 <b>Pound</b> Anel Robles @ Explanada 09:00 hrs
02 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	03 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	04 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	05 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs  <b>Meditación</b> Gobinde Satya Kaur @ Parque Infantil 19:00 hrs	06 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	07 <b>Kundalini Yoga</b> Gobinde Satya Kaur @ Parque Infantil 10:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs	08 <b>Pound</b> Anel Robles @ Explanada 09:00 hrs
09 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	10 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	11 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	12 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs  <b>Meditación</b> Gobinde Satya Kaur @ Parque Infantil 19:00 hrs	13 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	14 <b>Kundalini Yoga</b> Gobinde Satya Kaur @ Parque Infantil 10:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs	15 <b>Pound</b> Anel Robles @ Explanada 09:00 hrs
16 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	17 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	18 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	19 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs  <b>Meditación</b> Gobinde Satya Kaur @ Parque Infantil 19:00 hrs	20 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	21 <b>Kundalini Yoga</b> Gobinde Satya Kaur @ Parque Infantil 10:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs	22 <b>Pound</b> Anel Robles @ Explanada 09:00 hrs  <b>★ Panterra Cine Fest!</b> @ Explanada / Explanada Verde Inicio: 13:00 hrs Proyección: 20:30 hrs
23 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	24 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	25 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	26 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs  <b>Meditación</b> Gobinde Satya Kaur @ Parque Infantil 19:00 hrs	27 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	28 <b>Kundalini Yoga</b> Gobinde Satya Kaur @ Parque Infantil 10:00 hrs  <b>Vinyasa Yoga</b> Adrián Elizondo @ Explanada 10:00 hrs	29 <b>Pound</b> Anel Robles @ Explanada 09:00 hrs
30 <b>Salsa</b> Gabriel Padilla @ Explanada 09:00 hrs  <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs	31 <b>Strong</b> Maribel Guajardo @ Explanada 19:00 hrs					