

★ Evento especial

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LUN MAR MIER JUE VIE SAB DOM

01

02

**Yoga**  
Euge García  
@ Terraza  
10:00 hrs

**Spikeball**  
@ Explanada Verde  
18:00 hrs

**Yoga**  
Aline García  
@ Explanada Verde  
18:00 hrs

**Capoeira**  
Ricardo Deandar  
@ Terraza 1  
19:00 hrs

03

**Ritmos Latinos**  
Lucy Valdez  
@ Terraza 1  
08:00 hrs

**Yoga**  
Sofía Martínez  
@ Terraza 1  
09:00 hrs

**Baile para la 3era edad**  
Leonor Barocio  
@ Terraza 2  
10:00 hrs

**Cardio Dance**  
Rebeca Martínez  
@ Explanada Verde  
19:00 hrs

**Krav Maga**  
Daniel Scarnati  
@ Explanada Verde  
19:00 hrs

**Ultimate Frisbee**  
Ultimate Frisbee NL  
@ Explanada Verde  
20:00 hrs

**Danzón**  
Bosques Dancing Club  
@ Terraza 2  
20:00 hrs

04

**Capoeira**  
Ricardo Deandar  
@ Terraza 1  
19:00 hrs

**Yoga**  
Karla Hinojosa  
@ Explanada Verde  
19:30 hrs

05

**Ritmos Latinos**  
Lucy Valdez  
@ Terraza 1  
08:00 hrs

**Yoga**  
Raúl Acosta  
@ Terraza 1  
09:15 hrs

**Circulo Lectura**  
Roberto Caput  
@ Junta de Vecinos  
17:00 hrs

**Ultimate Frisbee**  
Ultimate Frisbee NL  
@ Explanada Verde  
20:00 hrs

**Danzón**  
Bosques Dancing Club  
@ Terraza 2  
20:00 hrs

06

**Tai Chi**  
Gustavo Peña  
@ Terraza 1  
06:45 hrs

**Shake + Sculpt**  
Magaly Guerra  
@ Terraza 2  
09:00 hrs

07

**Ritmos Latinos**  
Lucy Valdez  
@ Terraza 1  
08:00 hrs

08

**Noches de Tango**  
@ Terraza 1  
18:30 hrs

09

**Yoga**  
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14

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Lucy Valdez  
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08:00 hrs

★ **Curso de educación para la sostenibilidad**  
FOMCEC  
@ Terraza  
10:00 hrs – 13:00 hrs

15

**Noches de Tango**  
@ Terraza 1  
18:30 hrs

16

**Yoga**  
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